

Mind & Meditation

Aquarian Teacher Training Program KRI Level Two

Every human being who wants to excel and develop the character and caliber that upholds the values of the soul, needs a direct, fundamental relationship to the mind.

“Mind and Meditation” a KRI level 2 course as taught by Yogi Bhajan, is intended to illuminate the relationship between you and your mind. Through this powerful experience, you will explore how the mind works in relationship to yourself and others.

You will begin to integrate fundamental concepts about the nature and dynamics of the mind into your life.

Perhaps most important of all, you will deepen your meditative practice.



**Price for course: \$795 - Pre-registration: \$695 if paid by April 5 2011
Must be paid in full by April 10 2011**

Pre-Requisites: You must have completed level one KRI TT program to enroll in this course.

**Dates & Times for 2011 Mind & Meditation module.
Course is broken into 2 weekends in April, May & June.**

April 15-17 // May 13-15

**Friday, Saturday & Sunday
Call for more information on times.**



Location & Hours: The Kundalini Yoga Center,
400 E Center St, Altamonte Springs, FL 32701

Instructed by

Sampuran Singh Khalsa, Hari Simran Kaur Khalsa, Devi Dyal Singh Khalsa.

For more information call 407-767-8717